20TH ANNUAL SCIENTIFIC MEETING OF THE AUSTRALASIAN COLLEGE OF PHLEBOLOGY

CONFERENCE HANDBOOK

5 - 7 May 2019
Pullman Cairns International
Cairns, Queensland
Dear Colleagues and Friends,

On behalf of the Organising Committee it is my great privilege and pleasure to invite you to Cairns, Queensland, for the 20th Annual Scientific Meeting (ASM) of the Australasian College of Phlebology (ACP).

Following on from the success of the UIP2018 Congress in Melbourne and the strong relationships formed between the ACP and our sponsors we are excited to welcome you all to Cairns.

The meeting includes keynote lectures, original papers, panel discussions and our popular keepad interactive debates.

As past delegates have come to expect the ASM will offer a great social program including a wonderful Welcome Reception and the glamorous Award Ceremony and Gala Dinner.

I look forward to your participation in the Annual Scientific Meeting and seeing you all in Cairns.

Dr Adrian Lim
President
Australasian College of Phlebology
LOCATION

Tropical North Queensland is like nothing else you’ve ever experienced – fringed by reef, enveloped by rainforest, ringed by the red-dirt of the Outback. The world’s warmest welcome is waiting for you.

Cairns is the gateway to the Great Barrier Reef Marine Park, Daintree Rainforest and Cape Tribulation. With its coral cays, beautiful beaches and tropical islands, it is truly magnificent.

GETTING THERE

By Air
Travel to Cairns is simple with several domestic and international flights arriving daily. Qantas, JetStar and Virgin Australia all operate out of Cairns with scheduled services to most Australian state capitals as well as regional locations. The airport is conveniently located just 10 minutes from the CBD.

Airport Transfers
Airport Connect is a bus service offered by Sun Palm Transport linking Cairns Airport with the Translink public transport network at north and southbound Sheridan Street bus stops. Passengers may pre-book their Airport Connect journey outbound from Cairns Airport on the Sun Palm Transport website or by phone on +61 7 4099 1191. Tickets can also be purchased on arrival at the Sun Palm Transport kiosks in both Cairns Airport terminals.

How much does this service cost? Airport Connect: $6 one way / $8 return

Taxis
Taxis are readily available on arrival at the airport and the cost to The Pullman is approx. $25.
Cairns Taxis – 131 008

Car Rental
Renting a car is a great way to get around in Cairns and explore the many great destinations that are just a few hours drive away. All major car rental companies are located in the airport terminal.

WEATHER

For most of the year the climate in Cairns is simply perfect: blue skies, warm weather and gentle breezes, there are only two seasons - the wet and the dry. May is the last month of the wet season with a min temp of 19 ºC (66ºF) and a max temp of 27ºC (80ºF), with an average of 13 days of rainfall.
TROPICAL NORTH
QUEENSLAND
WHERE THE RAINFOREST...
PULLMAN CAIRNS INTERNATIONAL

The Pullman Cairns International is perfectly located in the very heart of tropical Cairns in far north Queensland. It is just moments from the city’s most popular attractions, best shopping spots, world class restaurants and cafes.

This unique 5-star hotel in Cairns city reflects the ambience and spirit of Far North Queensland and exudes the architectural style and grandeur of the city centre’s rich colonial past. Enjoy a relaxing treatment and harmonize your soul at Vie Spa and dine on the best local seafood in Coco’s Restaurant.

Pullman Cairns International boasts two swimming pools and spas, beautiful tropical pool deck, well-equipped gymnasium and two saunas.

Coco’s Restaurant on the Lobby Level is renowned for its daily hot buffet breakfast and nightly Chefs Choice Seafood Buffet. Sunday Brunch, High Tea and Business Lunches are also specialities. The Lobby Bar is also the perfect place to meet for an impromptu business meeting or a pre-dinner cocktail.

ACCOMMODATION

321 beautifully appointed guestrooms and suites over 16 floors, including premium rooms on levels 14 to 16. All rooms enjoy brilliant vistas of the magnificent harbour or the city lights, pool and mountains. The guestrooms offer the option of king, queen or two double beds.

All guest rooms feature furnished private balconies, broadband internet access, individually controlled air conditioning, mini-bar, in-room safes and in-room movies. Guest services include 24 hour reception, concierge, room service, valet car parking, daily housekeeping, laundry and dry cleaning.
# PROGRAM AT A GLANCE

<table>
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* Program subject to change
Dr Johann Christof Ragg  
Phlebologist, Germany  
Dr Johann Christof Ragg is a vein specialist from Berlin, Germany. He was born in 1957 in Bad Wildungen in Hesse. He studied physics with a focus on laser physics, then medicine. In 2000 he founded his practice focusing on venous and arterial complications, and 2003 founded Angioclinic® in Berlin.  
For many years, Dr. Ragg has conducted research in the field of vascular medicine and holds many patents. He has published multiple articles on the use of hyaluronan in venous procedures and on film compression bandages. He has won multiple awards for research presentations from the American College of Phlebology, European Venous Forum, American Venous Forum, the German Society of Phlebology and the International Union of Phlebology.

Dr Anthony Comerota  
Vascular Surgeon, USA  
Dr. Comerota is a board certified vascular surgeon. He is the Medical Director of the Eastern Region Heart and Vascular Institute, Inova Alexandria Hospital with over 36 years of clinical experience. He also served as Director of the Jobst Vascular Institute, ProMedica Toledo Hospital from 2002-2015 and Executive Director of Research, ProMedica Health System and Jobst Vascular Institute from 2015- January 2017. Dr. Comerota has been a major contributor to the development of some of the newest forms of treatment for vascular disease. Dr. Comerota has a special interest in; acute and chronic venous thromboembolic disease, complex deep venous reconstruction and carotid artery disease.

Dr Lowell Kabnick  
Vascular Surgeon, USA  
Dr Lowell S. Kabnick is an internationally recognized vascular surgeon and teacher. Dr. Kabnick limits his practice exclusively to venous diagnosis and treatment and is considered by his peers to be an international authority on the diagnosis and treatment of venous disease. Throughout his career, Dr. Kabnick has been at the forefront of new and improved therapies for venous disease, and improving patients’ outcomes and quality of life is the driving force behind his desire to innovate new treatments. He currently serves as President of the American Venous Forum Foundation and in 2018, was elected as a Vice-President of the International Union of Phlebology.
**SPEAKERS**

**Prof Giovanni Mosti**  -  Sponsored by Medi
Angiologist and Specialist in Cardiovascular Disease, Italy

Prof. Mosti is the Head of the Angiology Department of the Barbantini Clinic in Lucca, Italy. He is the current president of the International Compression Club and a past president of the European Venous Forum and the Italian Society of Wound Healing. He is the Scientific Director of the Italian School of Excellence in Wound Care.

He has organised several important meetings of the Italian Society of Wound Healing and the European Venous Forum and is a Professor in the Master of Wound Healing courses for both the University of Torino and Florence University. He has been an invited speakers at numerous important national and International meetings on Phlebology and Wound Care.

**LOCAL FACULTY**

- Dr Stephen Benson (New Zealand)
- Dr Ivor Berman (Victoria)
- Prof. Lourens Bester (New South Wales)
- Dr David Connor (New South Wales)
- Dr Paul Dinnen (Queensland)
- Dr Joseph Grace (New South Wales)
- Dr Paul Hannah (Queensland)
- Dr David Huber (New South Wales)
- Dr David Jenkins (New South Wales)
- Dr Chris Lekich (Queensland)
- Dr Adrian Lim (New South Wales)
- A/Prof. Sanjay Nadkarni (Western Australia)
- Dr Peter Paraskevas (Victoria)
- A/Prof. Kurosh Parsi (New South Wales)
- A/Prof. Neil Piller (South Australia)
- Dr Stefania Roberts (Victoria)
- Dr Chris Rogan (New South Wales)
- Dr Andrew Stirling (Tasmania)
- Prof Andre van Rij (New Zealand)

*And more to come!*

**MORE FACULTY AND SPEAKERS TO BE ANNOUNCED IN EARLY 2019!**
We invite you to submit an abstract to be presented during the 20th Annual Scientific Meeting of the Australasian College of Phlebology, to be held in Cairns, Queensland from May 5-7, 2019.

The ACP is dedicated to the promotion of evidence-based research and all abstracts are subject to peer review. Anecdote-based submissions will not be accepted and only cases of important clinical significance will be considered.

**ABSTRACT STRUCTURE**

Abstracts can be submitted for:
- Evidence based research
- Case presentations

Abstract word limit: 300 words.

All research abstracts must include the headings:
- Introduction
- Methods
- Results
- Conclusions

Case Presentations must include the headings:
- Introduction
- Case Details
- Conclusions

Abstracts will be accepted for either an oral presentation or poster presentation. Abstracts submitted in the wrong format will not be reviewed. Abstracts emailed directly will not be accepted. No submissions will be accepted after the closing date.

**TOPICS**

- Anatomy
- Basic Science Research
- Case Presentations
- Chronic Cerebrospinal Venous Insufficiency
- Complex Disease
- Compression
- Cosmetic Phlebology and Cosmetic Medicine
- Deep Vein Reconstruction
- Deep Venous Disease
- Dermatological Manifestations of Venous Disease
- Fluid Mechanics
- Glue Ablation
- Gonadal, Pelvic and Vulvar Veins
- Interventional Radiology
- Lymphatic Disease and Lymphoedema
- Microcirculation
- Nursing in Phlebology
- Oedema
- Post-Thrombotic Syndrome
- Sclerotherapy
- Ulcers and Wound Care
- Ultrasound
- Vascular Anomalies
- Venous Interventions and Surgery
- Venous Haemodynamics
- Venous Thromboembolism
## Registration

### Full Registration

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*Includes all Social Functions, Welcome Reception and Gala Dinner

*applies to currently enrolled undergraduate and post-graduate university students. Does not include Welcome Reception or Gala Dinner tickets

### Day Registration

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*Does not include Welcome Reception or Gala Dinner tickets

### Phlebology Refresher Course

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<tr>
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*Included in full registration for ACP trainees

### Extra Tickets for Social Functions

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<tr>
<td>Gala Dinner</td>
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</table>

*child ticket up to age 12
WELCOME RECEPTION
SATURDAY 4 MAY 2019, 6PM

JOIN US POOLSIDE AT THE PULLMAN CAIRNS INTERNATIONAL FOR DRINKS AND INTERACTIVE FOOD STATIONS. ENJOY CATCHING UP WITH COLLEAGUES IN THE BEAUTIFUL TROPICAL SURROUNDINGS.

ONE TICKET IS INCLUDED WITH FULL REGISTRATION. ADDITIONAL TICKETS ARE AVAILABLE FOR $90 PER ADULT AND $50 PER CHILD.
The Phlebology Refresher Course is a 1-day intensive course on all aspects of Phlebology. The course is based on aspects of the training curriculum of the Australasian College of Phlebology. The course is aimed at:

- Those looking to apply for phlebology training and wanting to see what is involved in the college training program
- College trainees looking to supplement their knowledge of the training modules
- Those practising Phlebology looking to refresh their knowledge
- Members looking to undergo the College’s FARE knowledge exam
- International doctors looking to experience the College’s training
- Allied health professionals (sonographers, physiotherapists, nurses and practice managers) looking for education in how Phlebology is practiced

**TOPICS**
- Ultrasound Guided Sclerotherapy
- Endovenous Laser Ablation
- Radiofrequency Ablation
- Glue Ablation
- Adverse Effects and Complications of Sclerotherapy
- Dermatology in Phlebology
- Venous Malformations
- Principles of Compression Therapy
- Lymphoedema
- Venous Thromboembolism
- Vascular Imaging
- Venous Compression Syndromes

**NOW INCLUDING HANDS ON ULTRASOUND TRAINING**

**DETAILS COMING SOON!**

**REGISTRATION**

$440.00 Day Only
$110.00 for Full Registration Delegates
MONDAY 6 MAY 2019, 6PM

JOIN US IN THE CONFERENCE BALLROOM WHERE GUESTS WILL BE TAKEN 20,000 LEAGUES UNDER THE SEA FOR WHAT WILL BE A MEMORABLE EVENING OF FINE FOOD AND GREAT ENTERTAINMENT.

ONE TICKET IS INCLUDED WITH FULL REGISTRATION. ADDITIONAL TICKETS ARE AVAILABLE FOR $120 PER ADULT AND $55 PER CHILD.
Hands-on Training Sessions (HOTS) provide a structured comprehensive practical experience for physicians interested in venous disease.

During the ACP ASM there will be two HOTS Sessions with each session lasting 90 minutes. There are 4 Stations per session and delegates will rotate every 20 minutes.

Each station is manned by at least one faculty member and one product specialist. This allows access to a non-biased presentation of the technology and direct access to highly experienced clinicians. The number of participants is limited to allow direct interaction with the instructors. Sessions are informal allowing a relaxed learning experience.

Each station may include presentations, live demonstrations, models and tools. The focus will be on hands-on training on procedures and devices.

Given the limited available spots and to ensure we maintain small numbers in each group, workshops will operate on a first-in first-served basis.
All delegates and exhibitors are invited to attend the Annual Conferring Ceremony and Gala Dinner which will be held in the Grand Ballroom at the Pullman Cairns International. This is an evening of tradition where distinguished members of the Phlebological community or related fields are recognised for their efforts and contribution to the field of Phlebology. This is also the evening where new College Fellows are awarded their Fellowships and the College trainees are awarded their graduation for successful completion of the College training program.

Monday 6th May 5.30pm
Grand Ballroom
Cairns Pullman International
The Manual of Venous and Lymphatic Diseases constitutes a concise but comprehensive and contemporary description of the nature and management of venous and lymphatic diseases. This innovative book instructs the postgraduate trainee in phlebolology and is also valuable to undergraduate students wishing to gain a broader knowledge than is available in general surgical texts. Additionally, it is a useful reference for practising phlebolologists, vascular surgeons and imaging specialists. The text covers basic principles, diagnosis and treatment of chronic venous disease, venous thrombo-embolism, lymphoedema and vascular malformations.

PURCHASE NOW FROM THE COLLEGE BOOKSHOP
TOP THINGS TO DO IN THE REGION

You could spend weeks in Cairns and the surrounding Tropical North and still not "do" it all. So with a few days to spare, we've narrowed down the top activities for the region.

**Get under the Great Barrier Reef**
Cairns is the jump off point for the Great Barrier Reef, and there are any number of tours ranging from luxury sailing trips to the inner fringing reef to big cat journeys to the outer barrier reef best suited for serious snorkelers and scuba divers.

**Glide above the world's oldest rainforest**
Visitors glide above the forest in comfortable gondolas, enjoying a bird's eye view of the canopy below and the Coral Sea beyond, before stopping off at Red Peak and Barron Falls stations for guided boardwalk tours with qualified rangers.

**Take a grand expedition on the Kuranda Scenic Railway**
The Kuranda Scenic Railway, built between 1882 and 1891, is a spectacular journey through dense rainforest, steep ravines and picturesque waterfalls to reach the charming rainforest village of Kuranda. The journey passes through 15 hand-made tunnels and over 37 bridges.

**Wake up to a hot air balloon ride**
Wake up to the sounds of a brand new day with a gentle float over the Atherton Tablelands. As dawn breaks, nature comes alive, the only sounds are the wind and a gentle whoosh as the massive balloon rises up high over dairy country.

**Walk with the ancients at Mossman Gorge Centre**
The Mossman Gorge Centre was a vision by Kuku Yalanji Elder Roy Gibson. It takes visitors into otherwise forbidden land to meet the local custodians of the country and a chance to explore the Daintree Rainforest and hear stories that have been passed down through generations.

**Snap up a Hartley's Crocodile Adventure**
The chance to see a massive salt water crocodile rise up out of the water and bite a pole fed chicken with a jaw snapping force of more than 700 pounds per square inch is both extraordinary and frightening. Hartley's is also home to Australia's greatest ambassador, the koala.

**Overnight on a tropical island**
Escape to one of two tropical island resorts less than an hour's ferry ride from the bustle of Cairns. Green Island is home to an upmarket hotel with sunset guided walks, star gazing and the all-important fringing reef perfect for hours of snorkelling. Fitzroy Island is a family-friendly joint that is known for beach-side rooms, a colourful fringing reef that's home to feasting green turtles (that you can almost scratch) and spectacular walks. Snorkel straight from the beach or take a Vu board and watch the coral life from above.